

WHAT IS CLAIMED IS:

1. A hydraulic shock absorber having a rod guide for guiding a piston rod provided in an end portion of a cylinder and sliding within said cylinder, wherein said rod guide is constituted by a press molded product formed by press molding a sheet member, and at least a sliding surface of said rod guide with respect to said piston rod is coated by a sliding synthetic resin layer.
2. A hydraulic shock absorber as claimed in claim 1, wherein said sliding synthetic resin layer is formed by outsert molding the sliding synthetic resin in said press molded product.
3. A hydraulic shock absorber as claimed in claim 1, wherein said sliding synthetic resin layer is formed by coating the sliding synthetic resin on said press molded product.